

COVID-19 infection prevention and hygiene regulations

All participants are kindly requested to inform themselves constantly about the current Covid-19 regulations.

Information on entering Greece

The current entry regulations for Greece can be found on the website of the <https://travel.gov.gr/#/>

Questions and answers concerning digital registration, the obligation to provide proof and entry quarantine can be found here:

<https://eody.gov.gr/en/>

Please note that this page only shows the current status. Please check here directly before you enter the country to find out which requirements apply at that time.

How to get to Nautical Club Thessaloniki premises:

Fully vaccinated (at least 14 days apart from the last required vaccination) and recovered persons do not need to present a negative Covid-19 test. Proof of vaccination by presentation of a vaccination card or certificate or proof of recovery (positive PCR test result at least 28 days ago and no older than 6 months) is sufficient. Please present the negative Covid-19 test or proof of vaccination or proof of recovery for the entire crew.

Persons without vaccination card or prove of recovery shall present:

One negative test per person must be presented for arrival, performed and officially certified 48 hours prior to your arrival.

After this test, another negative test must be submitted after 48 hours.

Random inspections for compliance with testing regulations may be conducted by the Health Authority on our sites. Violation of testing regulations may result in exclusion from the event.

[Test centers can be found here in Kalamaria, Thessaloniki](#)

Test center Platon www.platonae.gr/en offers a special price of 10€ for the participants. You may need to book an appointment.

The following applies to the test certificate: **The test has to be taken before the start of the races.** Test results for rapid antigen tests are valid for **48 hrs and for PCR tests for 72 hrs.** Test results shall be presented by email to N.C.Th. secretary. Self-testing is not acceptable. Children under twelve years do not need a test.

- If you experience symptoms of Covid-19 infection (specifically, shortness of breath, cough, fever sniffles, loss of sense of smell or taste), you are no longer considered fully vaccinated or recovered for purposes of Greek regulation. These individuals are then exempt from relief. This is true even if you can present a current negative Covid-19 test.
- If you are tested positive or if you experience symptoms of an infection, you have to leave immediately, drive home with your own vehicle and go into quarantine.
- Incompliance with these regulations will be reason for penalty by the Jury.

The generally known AHA rules apply.

- Please remember to keep a distance of 1.5 to 2 meters from other people.
- Masks protect you and others. Please use a mask where the minimum distance cannot be maintained. In some areas, masks are mandatory. Please look for the appropriate signage.
- Sneeze and cough into a tissue or the crook of your arm.
- Do you have symptoms or feel ill? Please stay away from the event.
- Please use the hand sanitizer dispensers provided.

We constantly adapt our hygiene regulations to the applicable rules. Please, inform yourself about the current hygiene regulations.

Key information on COVID-19, preventive measures, symptoms and helpful links can be found on the World Sailing web page created to inform, advise and educate its stakeholders about the COVID- 19 pandemic: <https://www.sailing.org/medical/>.

Appointed COVID-Chief Medical Officer is Prof. Christopher Foroulis or his appointed delegate Dr. Vaia Darzanou.